

November 2020

Lunch Menu Options During Teleschooling

FOOD FOR THOUGHT PROGRAM's meals include a milk, fresh fruit & vegetable of the day

* Meals must be pre-ordered using the FORM found on the [SJISD website](http://www.sjisd.edu) *

Breakfast and Lunches will be distributed at the same time.

Pickup Times & Locations:

High School Parking Lot from 7:00-8:00am

Trailer Court (by mailboxes) from 8:05-8:15am

West Valley & Roche Harbor from 7:45-7:55am

The Oaks (at the entrance) from 7:15-7:25am

Lunch Prices

Elementary: \$3.25 free

Middle/High: \$3.50 free

Reduced: \$0.40 free

Breakfast Prices

Elementary: \$1.75 free

Middle/High: \$2.00 free

Reduced: FREE

MENU OPTIONS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option #1 Chef's Menu <small>(orders must be placed before 10pm Sunday or may default to Option #2)</small>	2 Local Beef, Bean & Cheese Burrito	3 Asian Chop Chicken Salad DF	4 Cheese Ravioli with Marinara and Normandy Vegetables	5 Italian Sub Sandwich with Chips	6 Creamy Potato and Leek Soup with Bread Roll GF Modified
Option #2 Sack Lunch	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk
Option #1 Chef's Menu <small>(orders must be placed before 10pm Sunday or may default to Option #2)</small>	9 Greek Pasta Salad	10 Balsamic Chicken with Rice DF/GF	11 No Meal Service on School Holidays (Veterans Day)	12 Mac and Cheese	13 Crispy Chicken Salad Wrap
Option #2 Sack Lunch	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk
Option #1 Chef's Menu <small>(orders must be placed before 10pm Sunday or may default to Option #2)</small>	16 Penne Pasta Parmesan with Sausage	17 Curry Coconut Squash Soup with Bread Roll GF Modified	18 Pork Fried Rice DF	19 Breakfast for Lunch! Egg and Cheese Bake with Sausage Links	20 Ham and Cheese Sub Sandwich
Option #2 Sack Lunch	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk
Option #1 Chef's Menu <small>(orders must be placed before 10pm Sunday or may default to Option #2)</small>	23 Creamy Pesto Pasta with Chicken	24 BBQ Chicken with Cole Slaw and Cornbread DF/GF Modified	25 Local Beef and Cheese Enchilada	26 No Meal Service on School Holidays	27 No Meal Service on School Holidays
Option #2 Sack Lunch	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk
Option #1 Chef's Menu <small>(orders must be placed before 10pm Sunday or may default to Option #2)</small>	30 Only Option #2 for Today! <small>(after breaks will always be PB&J days)</small>	More information on Food Service and the Weekly Meal Pre-Order Form is available online at https://www.sjisd.wednet.edu/Page/948	The Free Meal Program has been extended! Check out the website for current info regarding program changes	Start your day off right with BREAKFAST! Breakfast and Lunches are bundled together for pickup or delivery at the locations listed above.	Please fill out a new Free and Reduced Price Application EVEN THOUGH meals are free! There are other benefits to having a current form on file!
Option #2 Sack Lunch	pb&j, cheese stick, fruit, vegetable and milk	Option #2 Sack Lunch is available to pre-order at any time			

Disclaimer: In our effort to provide tasty, fresh and healthful meals, we may make changes to the menu at Chef Andy's discretion.

Per State Auditor:
NO MEAL CHARGING ALLOWED

Please keep current on your student's lunch account

ALLERGY ALERT!
Please submit a Medical Form to the School Nurse

GLUTEN & DAIRY LABELS
DF = dairy free
GF = gluten free
Modified = DF or GF if a meal's component is not consumed

This institution is an equal opportunity provider.